

## Skill Assessment for 3.5 Players



Name: \_\_\_\_\_ Self-Rating: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ #Games Observed: \_\_\_\_\_

### **3.5 Skill Level / should also possess all 3.0 skills**

|                                                                                                      | 1 | 2 | 3 | 4 |
|------------------------------------------------------------------------------------------------------|---|---|---|---|
| Able to use a forehand with moderate level of shot control                                           |   |   |   |   |
| Able to use a backhand with moderate level of shot control                                           |   |   |   |   |
| Able to hit a Baseline drop shot to gain advantage to the net                                        |   |   |   |   |
| Consistently position serve / serve-return, placing them deep in the court                           |   |   |   |   |
| Sustains medium length dink rallies                                                                  |   |   |   |   |
| Able to control height/depth of dink shot and understands variation of pace with it                  |   |   |   |   |
| Demonstrates controlled, medium/fast paced volley rallies                                            |   |   |   |   |
| Understands difference b/w hard game and soft game and knows when to use it                          |   |   |   |   |
| Can strategically execute and respond to various shots (spin / lob/ drop shot/ drive/ smash)         |   |   |   |   |
| Exhibits correct court positioning for doubles and “move as a team” (Lobs/kitchen movement)          |   |   |   |   |
| Demonstrates defensive play - eg. responding to a smash (including paddle position/ability to reset) |   |   |   |   |
| Has solid mobility / quickness / hand-eye coordination                                               |   |   |   |   |

| Server Requirement – 8 out of 10 (80%) |     |    |
|----------------------------------------|-----|----|
|                                        | Yes | No |
| Service Good                           |     |    |
| Service Foot Fault                     |     |    |

| Volley Requirement – 8 out of 10 (80%) |     |    |
|----------------------------------------|-----|----|
|                                        | Yes | No |
| Good Forehand                          |     |    |
| Good Backhand                          |     |    |
| NVZ/Kitchen foot faults                |     |    |

| Serve Return Requirement – 8 out of 10 (80%) |     |    |
|----------------------------------------------|-----|----|
|                                              | Yes | No |
| Good Forehand                                |     |    |
| Good Backhand                                |     |    |

*\* If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.*

Rater's Sign: \_\_\_\_\_ Actual Skill Level: \_\_\_\_\_

Player's Sign: \_\_\_\_\_

Assess next:

- ☐ 2 weeks  
☐ 4 weeks

**Ledger:** 1 = Not observed or not able to execute, 2 = attempted but poorly executed/needs work,  
3 = good basic form, but needs work, 4 = solid, consistent performance

